



## Dear parents,

It is very important to us, that your child's first dentist appointment is a positive experience. This is why we pay extra attention to your daughter/son. A cautious and child oriented treatment is extremely important to build trust for all future treatments. This questionnaire will help us to get to know your daughter / son better and treat her / him in the best way possible. We therefore kindly ask you to fill out the following form.

## PERSONAL INFORMATION

Child: Surname / Name \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Mother: Surname / Name \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Father: Surname / Name \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_ Postcode/Town: \_\_\_\_\_

Tel (Home) \_\_\_\_\_ Tel (Mobile): \_\_\_\_\_

Legal guardian:             Mother             Father             Both

Health Insurance: \_\_\_\_\_

Public Health Insurance     Membership     Co-insured /     with additional insurance     without additional insurance

Private Insurance            If yes:    beihilfeberechtigt     yes     no

Co-insured with the membership of:             Mother             Father

Address (if different to your child's): \_\_\_\_\_

How did you hear about us? \_\_\_\_\_

## MEDICAL HISTORY

### Does your child suffer from any of the following diseases/illnesses?

Infectious disease             yes             no            If yes, which? \_\_\_\_\_

Cardiac disease                 yes             no            If yes, which? \_\_\_\_\_

Haematopoietic disease         yes             no            If yes, which? \_\_\_\_\_

Respiratory disease             yes             no            If yes, which? \_\_\_\_\_

Endocrine/metabolic disease     yes             no            If yes, which? \_\_\_\_\_

Nervous disease                 yes             no            If yes, which? \_\_\_\_\_

Allergies                          yes             no            If yes, which? \_\_\_\_\_

Other diseases/conditions         yes             no            If yes, which? \_\_\_\_\_

Is your child immunised against tetanus?     yes     no            \_\_\_\_\_

Is your child taking and medication?         yes     no    If yes, which? \_\_\_\_\_

Surname, Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

## DENTAL HISTORY

Has your child been to a dentist before?  yes  no

If yes, name/address of the dentist: \_\_\_\_\_

Does your child currently receive orthodontic treatment?  yes  no

If yes, name/address of the dentist: \_\_\_\_\_

Has your child had any previous dental X-rays?  yes  no If yes, from when? \_\_\_\_\_

Does your child have a tooth ache?  yes  no

Does your child clench or grind her/his teeth?  yes  no

How often does your child brush her/his teeth? \_\_\_\_\_

Who brushes the teeth?  child  parents

child first, parents after

Is your child scared of white gowns, needles, etc.?  yes  no If yes, of what? \_\_\_\_\_

Has your child had any accidents in the dental area?  yes  no If yes, when? \_\_\_\_\_

## DIETARY HABITS

Does your child use any products containing fluoride?  yes  no If yes, which? \_\_\_\_\_

Does your child take any drinks to bed?  yes  no If yes, which? \_\_\_\_\_

Does your child suck on dummies / his/her thumbs?  yes  no If yes, on what? \_\_\_\_\_

How often does your child have sweets? \_\_\_\_\_

What does your child drink from?  feeding bottle  sippy cup  cup / mug

## To the parents:

Are the parents scared of dentists / dental treatment?  yes  no

\_\_\_\_\_  
Place, Date

\_\_\_\_\_  
Signature parent / legal guardian

### Here is some more advice on how to make a dentist appointment more pleasant for your child:



Come to the appointment with an open mind. This will give your child a feeling of safety and trust. A dentist appointment is something completely normal.



Don't „pre-comfort“ your child. When children hear words like “You don't need to be scared.”, “Nothing bad is going to happen.”, “It won't hurt.”, etc. children subconsciously only hear the words “scared”, “bad” and “it hurts”. This can cause anxiety in your child.



Announcing post treatment rewards before the appointment can put a lot of pressure on your child. Instead, reassure your child with praise after the appointment. This will help her/him grow from the experience.

Of course, you can come to the dentist's room with your child and be there as a “still observer” throughout the appointment. If your child is older than 5 years old, reassure her/him that she/he can take this step on her/his own. This will make the whole experience feel more natural for your child. Be patient, if the first dentist appointment doesn't go the way you hoped it would. It's important to us to introduce your child to potential future treatment step by step.



Kompetenzteam für Zahnheilkunde  
KONZEPT.KOMPETENZ.QUALITÄT.SERVICE

## Datenschutzrechtliche Einwilligungserklärung

für die Verarbeitung personenbezogener Patientendaten  
gemäß Art. 6 Abs. 1 Buchst. a), Art. 7 DSGVO

Patient/in:

Name \_\_\_\_\_

Straße \_\_\_\_\_

PLZ, Ort \_\_\_\_\_

Ich stimme hiermit der Speicherung meiner personenbezogenen Daten für folgende Zwecke zu:

- die Verarbeitung von Gesundheitsdaten von Patienten zum Zweck der Erfüllung gesetzlicher Dokumentationspflichten
- die Verarbeitung und Weitergabe (auch telefonisch, per Email oder Fax) von Patientendaten zur Planung und Durchführung von Behandlungen z.B. an Anästhesisten, Chirurgen, Zahntechniker, o. Ä.
- die Verarbeitung von Patientendaten zum Zweck der Erstellung einer Abrechnung
- die Verarbeitung von Patientendaten zur Forderungsdurchsetzung
- die Verarbeitung von Patientendaten im Zusammenhang mit einem Recall-System

Ich bin darauf hingewiesen worden, dass ich diese Zustimmung jederzeit schriftlich oder durch E-Mail an die Praxis widerrufen kann (Art. 7 Abs. 3 DSGVO).

Mir ist bekannt, dass mein jederzeit möglicher Widerruf der Einwilligung die Rechtmäßigkeit der aufgrund der Einwilligung bis zum Widerruf erfolgten Verarbeitung nicht berührt (Art. 7 Abs. 3 Satz 2 DSGVO).

\_\_\_\_\_  
Ort, Datum

\_\_\_\_\_  
Unterschrift des Patienten / des gesetzl. Vertreters